



Kate Seedhouse

Case Manager and Occupational Therapist

Professional Qualifications:

1999 – 2001 – York St Johns College – BHSc (Hons) Occupational Therapy (2:1)

2014 – Huddersfield University – Apple Accreditation

Professional Memberships:

HCPC: OT35851

BAOT

Personal Profile:

I have over 20 years of clinical experience working within the occupational therapy field, and this includes both adults and children. During my career I have built up my skills in the holistic assessment of my clients to ensure they have their needs met thoroughly to overcome their difficulties and reach their full potential, independence, and maintain a good quality of life. These assessment skills also transfer to assessing the wider picture for clients including their parent/carer and family needs, educational and vocational targets/plans, social/emotional wellbeing as well as their physical, functional, and environmental needs.

I have experience of working with a wide range of disabilities including birth trauma, acquired brain injury, degenerative neuromuscular conditions, congenital disorders, developmental delays, and metabolic conditions.

I also have experience of working with children and young people on the autism spectrum who have profound learning difficulties and behaviour/sensory issues.

I am experienced in the assessment and provision of equipment and to support clients and families with re-housing or adapting their existing homes.

I joined Positive OT and Case Management in January 2022 to work as both Case Manager and OT and have worked alongside other Case Managers in order to increase my knowledge in the medico legal field and have gained significant experience. I am skilled in completing immediate needs assessments, recruiting and managing multidisciplinary teams, recruitment and management of support worker teams, and supporting clients to achieve their chosen goals.

I work collaboratively with other professionals within the wider health and therapy teams, social care practitioners, equipment providers and relevant professions in housing such as architects and contractors.

I have a wide knowledge of equipment, products, and environmental adaptations, and rehabilitation programs to promote the key areas when assessing clients. These areas include:

- 24 Hour postural care
- Independent and supported mobility and transport needs
- Moving and Handling
- Moving and handling assessment and training
- Managing personal cares, continence needs and medical needs
- Assessing the full home environment and full inclusion in family life
- Using technology to support access and communication
- Play, leisure, therapy, and sensory needs
- Behaviour management and support
- Development and implementation of rehabilitation programmes

Due to my experience, I am also able to identify when other professionals need to be involved and frequently refer to other services/professionals to always ensure a multidisciplinary approach.

I am passionate about the care and support that client and their families receive in order to ensure that their disability does not become a barrier to life or limit a person's potential or quality of life.

I also continue to professionally develop through training, independent reading and researching and through reflective practice.

Professional Work Summary:

- 2020 – Present – Positive OT & Case Management Ltd. – Adult and Child Neuro Occupational Therapist
- 2009 – Present – Disabled Children's Team Calderdale Metropolitan Borough Council
- 2003 – 2009 – Bradford Metropolitan District Council
- 2001 – 2003 Bradford Metropolitan District Council and Bradford NHS – Mixed rotation

Continued Professional Development including but not limited to:

- Oct 2021: Cyber Security – CMBC
- Sept 2021 Telecare and Assessment and Product Training - CMCB
- July 2021 R82 Seating – Technical product Training
- Jan 2021 Manual Handling Training update – LPS Training and Consultancy
- Sept 2019 Mental Capacity Act Training – CMBC
- Feb 2017 – Leckey Seating Technical training
- July 2017- Youth Mental Health First Aid – MHFA
- Oct 2016 – Home Adaptations: Law and Practice - Michael Mandelstam
- July 2016 – Understanding Sensory Integration difficulties in everyday life – Sensory Integration Network
- April 2016 – Mental Capacity Act and Deprivation of Liberty – CMBC

Contact Details:

E: KateS@positiveotcm.co.uk

M: 07968210034

T: 0113 871 5975