



## Liz Lambert

Occupational Therapist, Advanced Case Manager and Expert Witness

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### Professional Qualifications:

BHSc (Hons), SROT, Occupational Therapy (2000) @ York University

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### Professional Memberships:

HCPC Registered

British Association of Occupational Therapists (BAOT)

CMSUK

Advanced BABICM

IRCM Membership

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### Personal Profile:

Liz Lambert, BHSc (Hons), SROT, gained her Degree in Occupational Therapy in 2000, from York University. She is a member of BAOT, HCPC, CMSUK and Advanced BABICM member. She worked with children with a wide range of Neurological, Orthopaedic, and Hand Injuries at Sheffield Children's Hospital for 12 years.

She has also worked privately with Adults and Children for the past 15 years in the community. This has covered a wide spectrum of disabilities including hemiplegia, acquired brain injuries, amputees, complex trauma, autism and cerebral palsy.

Liz has experience of working in hospitals, homes and schools.

Liz also carries Medico Legal Expert Witness reports for both adults and children. This includes both Claimant and Defence work and breach of duty reports. She covers both Personal Injury and Clinical Negligence cases.

Liz has received instructions from both Claimant and Defendant Solicitors and Insurers and has undertaken training in the medico-legal process – Liz is fully aware of responsibilities under the Civil Procedure Rules (CPR) pertaining to Expert Witnesses.

Liz started her career in Durham, working with adults with orthopaedic, surgical and neurological conditions. She then went onto specialise in Paediatrics at the Sheffield Children's Hospital. In this role Liz has worked with children and their families to facilitate complex discharges.

Liz has specialised further into the areas of Neuro Rehabilitation and Hand/Orthopaedic Injuries, and has provided assessments, treatment planning, goal setting and treatment implementation for numerous complex cases. She has expert splinting and casting skills and has excellent knowledge of bespoke therapy programmes, seating, aids, equipment and adaptations.

Liz has worked as an Advanced Case Manager for over 15 years, with adults and children with complex orthopaedic and acquired brain injuries. She balances this with her Medico Legal and private treatment work.

Liz is very experienced in working with children and adults with acquired brain injuries. Liz has experience with the arranging and running of care and therapy packages and supervises large care teams. Liz works with complex care packages that have both private and statutory funding and has experience of Personal Health Budgets.

Liz has a special interest in finding and adapting homes for clients with additional needs and has carried out further training in this area. She has expertise of reading plans and designing accessible bathrooms and kitchens.

### **Key Skills:**

Liz is able to build a rapport quickly with children and adults and her experience and knowledge base equips her with the ability to carry out comprehensive assessments of needs, provide recommendations for treatment and care packages and work holistically with clients and their families.

Liz is very experienced in liaising with multi-disciplinary agencies and can ensure the needs of her clients are met. Goal setting is key to this, and Liz can offer support and advice to help clients set specific, measurable, achievable, realistic and timely goals.

Liz has a common-sense approach and is extremely organized, being able to work to tight deadlines. She has the ability to put people at their ease and achieve effective outcomes for her clients and families.

### **Professional Work Summary:**

2000-2002 University Hospital of North Durham

- Basic Grade Occupational Therapist
- Orthopaedics
- Neurology
- Elderly Care

2002- 2014 Sheffield Children's Hospital

- Senior Occupational Therapist
- Orthopaedics
- Hand Injuries
- Neuro Rehabilitation

2014- 2020 Bush and Co

- Case Manager
- Complex trauma and Neuro Rehab

2020- 2022 Louise Denzel Case Management

- Advanced Case Manager
- Complex trauma and Neuro Rehab

2022- present Positive OT and Case Management

- Advanced Case Manager
- Complex trauma and Neuro Rehab

2014- present- Independent OT Liz Lambert OT

- Paediatrics and Adults

2014- present

- Expert Witness Care and OT Currently working with Maggie Sargent and Associates

## Continued Professional Development including but not limited to:

- Assessing individuals immediate and future needs
- Assessing for equipment and adaptations in homes and schools
- Setting up and running complex care and therapy packages
- Supervision of care teams
- Assessing for seating and wheelchairs
- Expert in splinting/casting orthopaedic and neurological injuries
- Working with children and adults with acquired brain injury, orthopaedic, complex trauma and hand injuries
- Devising treatment /play/sensory/handwriting and fine motor programmes
- Working with complex family situations
- Working effectively within a multi-disciplinary team
- Supervising therapists and assistants
- Goal setting and coordinating treatment packages
- Experience of working with children and adults in a minimally conscious state
- Facilitating transitions, for example: hospital to home; primary to secondary school
- Accessing funding through private and statutory avenues
- Use of environmental controls
- Working alongside Architects and surveyors.

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## Contact Details:

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