



# Rachel Taylor

Occupational Therapist  
Sensory Integration Practitioner (Trainee)

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## Professional Qualifications:

BSc (Hons) Occupational Therapy  
PgCert Sensory Education Practitioner (Due February 2026)  
Diploma Higher Education - Health Studies

## Professional Memberships:

Health Care Professionals Council (HCPC) - OT67936  
Royal Collage Occupational Therapists (RCOT) – BT0807616  
National Back Exchange (NBE)

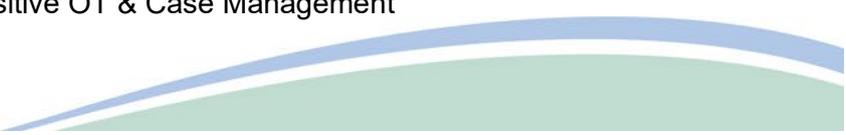
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## Personal Profile:

Rachel is a dedicated and highly motivated Occupational Therapist with strong clinical expertise in environmental adaptations, equipment provision, moving and handling, and rehabilitation. She has developed her skills across NHS services, local authority teams, and private practice. Her experience spans paediatric, adult, and older adult populations, supporting individuals with a wide range of physical disabilities, long-term conditions, complex polytrauma, amputations, spinal injuries, and birth injuries.

Rachel is reliable, responsible, and conscientious, with a proactive and collaborative approach to practice. She is an enthusiastic, forward-thinking team member who thrives on shared learning and actively seeks opportunities for professional development. She is committed to delivering high-quality, person-centred interventions and continually strengthening her skills to provide the most effective support for the clients she works with.

## Professional Work Summary:

- Associate Occupational Therapist @ Positive OT & Case Management
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- Associate Occupational Therapist @ Potential OT, Lincolnshire
- Specialist Occupational Therapist (Equipment & Adaptations), Lincolnshire County Council
- Lead Occupational Therapist (Complex Rehabilitation), Ashmere Care Homes, Nottinghamshire
- Lead Occupational Therapist (Band 7), SOLAS Primary Care Network, Lincolnshire
- Senior Occupational Therapist (Equipment & Adaptations), Nottinghamshire County Council
- Rotational Occupational Therapist, Sherwood Forest Hospitals, Nottinghamshire

**Continued Professional Development including but not limited to:**

- Moving and Handling Trainers – QNUK Level 3 (Health and Social Care) (2023)
- Major Adaptations in Occupational Therapy Practice (2024)
- Makaton (Sign Communication Programme) – Level 1 – 4 (2025)
- The Autism & ADHD Show – Manchester (2025)
- Switalski's Legal Conference: Navigating Life after a Birth Injury (2025)

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## Contact Details:

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