

Sonia Campbell- Thompson

Case Manager and Occupational Therapist



Professional Qualifications:

- BSc Hons Occupational Therapy (1st Class) York St John University, 2010.
- Management in Health and Social Care (Level 4) Leeds Metropolitan University, 2006.
- Train the Trainer Moving and Handling Instructors Certificate, Work Fit, 2019 and updates

Professional Memberships:

- Royal College of Occupational Therapists - BT0239617
- HCPC - OT61300
- CMSUK - 17-3358
- BABICM – 3610
- Institute of Registered Case Managers – RCM-1867
- RCOT SS independent practice - 8486
- National Back Exchange - 6812

Personal Profile:

With over 30 years of experience gained in a range of health and social care roles, Sonia has wide and varied experience predominantly community-based working, in nursing, social care and management roles, before re-training as an OT in 2006. As an occupational therapist dedicated to maintaining her CPD and expanding her knowledge Sonia has extensive experience as a clinician and has a varied knowledge base of current legislation and evidence-based treatment. The variety of roles that Sonia has undertaken during her working career within healthcare, have provided her with a solid base of

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varied information underpinning her case management knowledge and practice. Sonia is experienced in all of the following areas:

- Neurological Conditions (inc. FND)
- Brain Injury
- Mental Health Issues
- Psychological Trauma
- Personality Difficulties & Challenging Behaviour
- Neurodiversity
- Spinal Injury
- Trauma & Orthopaedics
- Chronic Pain
- Environmental Assessment
- Equipment & Adaptations
- Complex Discharge Planning
- Moving and Handling
- Local Authority & Care Packages
- Complex Social Needs
- Welfare Benefits / Funding Applications
- Intermediate Care
- Elderly Care
- Physical Rehabilitation
- Vocational Rehabilitation
- Managing and co-ordinating Interdisciplinary Teams

Since working as a case manager Sonia has built up a strong network of professional contacts, who she works closely with to help her clients meet their goals. Sonia is a strong leader and proactive communicator and facilitator, ensuring the clinicians employed work together efficiently as a team. She has become dedicated to advocating for her clients to ensure access to the best rehabilitation possible in the quickest timescale within reasonable budgets. Sonia is confident, hardworking, professional, non-biased, open-minded and passionate about supporting her clients with their rehabilitation. She is a strong advocate and leads the IDT to produce effective results to meet the shared goals with the person at the centre of the treatment.

Professional Work Summary:

- May 2024 – to date: Positive OT & Case Management Ltd. Case Manager & Occupational Therapist
- May 2018 – September 2024: Unite Professionals Ltd. Case Manager
- February 2017 – to Date: Wharfedale OT Services Independent Occupational Therapist

- August 2017- December 2017: Enable Therapy Services Case Manager
- February 2017– 2019: Eden Brown Local Authority Duty OT & Intermediate Care Rehabilitation Occupational Therapist
- December 2014 - January 2017: Various Voluntary Work Break from professional practice due to ill health and physical disability
- February 2010 – November 2014: Bradford Adult & Community Services Community Occupational Therapist

Continued Professional Development including but not limited to:

- Increasing Understanding of Visual Perception Difficulties – BABICM Feb 2025
- Independent Peer Support Away Day – quarterly 2024/ 2025
- POTCM Team Meeting training days – quarterly 2024/2025
- Annual Mandatory Training – last training Nov 2024
- Sex, Disability & Law – Update conference – Nov 2024
- Care Eligibility & Funding Masterclass – Health Care, Social Care and Funding Challenges EMG solicitors – Oct/ Nov / Dec 2024
- Mental Capacity Act 2005 – Annual Review Conference – Switalskis – October 2024
- Statutory Provision Conference – West Yorkshire ABI Network Sept 2024
- Stewarts Soundbites – Lunchtime Webinars 2021- 2024
- Complex Medical Conditions in Pregnancy – Role of Obstetric Physician – Irwin Mitchell Oct 2024
- Fundamental Dishonesty in PI Claims: Shaw Vs Wilde – BABICM Aug 2024
- BABICM Two-Day Conference – June 2024
- Amputation Conference – Leigh Day – June 2024
- Cognitive Communication Disorder – Irwin Mitchell May 2024
- AI in Rehabilitation Series – (Amputation, SCI, Paediatrics, Irwin Mitchell 2024
- FND Masterclass – BABICM, March 2024
- ENT in TBI – Irwin Mitchell, February 2024
- Criminal Justice System – Capacity, Understanding the Role of the Deputy & CM Jan 2024
- Sex, Disability & Law – CMSUK October 2023
- Safeguarding – Level 4 – September 2023
- Roadside to Rehab - Exploring Brain Injury Pathways Training Day – Leigh Day, Nov 2022
- Two-Day Moving and Handling Trainers Update – November 2022
- National Brain Injury Conference – Irwin Mitchell – July 2022
- Data Breach Training – UPL July 2022
- Amputee Training Day – Stewarts Solicitors, June 2022

- Unite Professionals Conference – Building the Evidence of Competency & Commerciality – (2 days) May 2022
- CMSUK Annual Conference – Empowering Case Management Practice (2 days) Nov 2021
- Unite Professionals Annual Conference– The Art & Science of Case Management (2 days)2021
- Irwin Mitchell/3 Hub – Acceptance & Commitment Therapy, Covid Crisis Masterclass Nov 2021
- Equality and Diversity – August 2021
- Mental Health, Dementia & learning Disabilities August 2021
- Safeguarding Adults – August 2021
- DoLs level 2 – August 2021
- Fluid & Nutrition – August 2021
- Effective Recruitment – parts 1&2 – August 2021
- Developing Cyber Policies – July 2021
- Irwin Mitchell / UPL – Joint Settlement Meetings – Feb 2021
- Stewarts Weekly Soundbites 2020
- CMSUK Virtual Annual Conference – Rebuild, Restore, Recreate (2 days) Nov 2020
- Unite Professionals Virtual Annual Conference– (2 days) October 2020
- BABICM – Case Managing with Curiosity and Creativity 2019
- Stewarts Quarterly Seminars 2019
- Unite Professionals Annual Conference–independence, integrity & accountability (2 days) 2019
- RCOT – Fitness to Practice 2019
- OT Adaptations Conference 2019
- Field Fisher – Case Managers MDT Study Day 2019
- CMSUK Annual Conference - Creating Links and breaking boundaries (2 days) 2019
- MDT Spotlight on Vocational Rehab – Rehabilitate Therapy – Workshop Day Sept 2019
- Irwin Mitchell - Therapists and ML Experts case studies and record keeping 2019
- BABICM – Beyond the Beginnings Part 2 2019
- Managing Life, Work & Fatigue Following Brain Injury in Adults
SSNP Brain Injury Forum Study Day – Sept 2018
- Innova Litigation Conference 2018
- OT Show and conference (2 days) 2018
- BABICM – New case managers Part 1 2018
- BABICM Annual Conference (2 days) 2018
- Naidex Conference (2 days) 2018
- Unite Professionals Annual Conference – Mild Traumatic Brain Injury (2 days) 2018
- GDPR and Information Governance – 2018
- Moving and Handling for Occupational Therapists - 2018

- BABICM, CMSUK & VRA Together Conference – (2 day) 2017
 - OT Show and conference (2 days) 2017
 - Private OT and Case Managers Conference – YorTrain - 2017
 - CMSUK Introductory Training 2017
 - Moving and Handling for Operational Managers 2017 – Bradford Adult Community Services
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Contact Details:

E: Email: sonia@positiveotcm.co.uk

T: 0113 871 5975

M: 07904 190828