



Lauren Cregeen

Case Manager and Occupational Therapist

Professional Qualifications:

- BHSc (Hons) Occupational Therapy – York St John University 2014
- AVCE Health and Social Care – 2005

Professional Memberships:

- Health and Care Professions Council (HCPC)
- Royal College of Occupational Therapists (RCOT)
- British Association of Brain Injury and Complex Case Management (BABICM)

Professional Profile:

Lauren is an experienced Occupational Therapist and Case Manager with a strong background in the assessment and coordination of complex rehabilitation, care, and support needs.

She has extensive experience managing clients with catastrophic and life-changing injuries, leading on Immediate Needs Assessments (INA), goal setting, and rehabilitation planning in line with the BABICM Case Management Competency Framework.

Lauren is highly skilled in the recruitment, training, and supervision of support worker teams, ensuring safe, effective, and person-centred care delivery. Her case management practice includes liaising with solicitors, deputies, insurers, and statutory services, coordinating multi-disciplinary rehabilitation, and overseeing complex care packages that promote clients' safety, independence, and quality of life.

Alongside her case management role, Lauren continues to practise as an independent Occupational Therapist, undertaking specialist assessments and providing expert recommendations for equipment, major housing adaptations, and environmental risk management.

Her professional background spans acute hospital and community settings, including orthopaedics, oncology, cardiology, stroke, and complex disability services. Known for her clear communication, analytical approach, and high-quality report writing, Lauren consistently delivers robust, evidence-based assessments and practical, outcome-focused recommendations.

Current Professional Work Summary:

Associate Case Manager and Occupational Therapist at Positive OT & Case Management Ltd (June 2024 to Present)

- Undertakes Immediate Needs Assessments (INA) and comprehensive case management for clients following catastrophic injury.
- Develops rehabilitation and care plans, identifying measurable, client-centred goals.
- Recruits, trains, and supervises support worker teams to ensure consistent, high-quality care.
- Coordinates multi-disciplinary rehabilitation programmes, liaising closely with therapy teams, statutory services, and legal representatives.
- Produces detailed case management and clinical reports to inform medico-legal proceedings and funding decisions.
- Provides specialist OT assessments for adaptive equipment, major housing adaptations, and moving and handling needs.

Associate Occupational Therapist at Inclusion Me and Breakthrough Occupational Therapy (July 2025 to Present)

- Provides specialist OT assessments for adaptive equipment, major housing adaptations, and moving and handling needs.

Past Work Summary:

Associate Case Manager and Occupational Therapist at Stoneham Therapy Services (November 2022 to July 2025)

Associate Occupational Therapist to Rachel Wilson Occupational Therapy (November 2022 to April 2025)

Community Occupational Therapist – Leeds City Council (2016 – 2023)

- Managed complex cases within the disability services team, supporting individuals with long-term health conditions.
- Completed assessments for Disabled Facilities Grants (DFGs) and major housing adaptations.

- Led on manual handling risk assessments, equipment provision, and single-handed care solutions.
- Collaborated with social care teams to review and optimise care packages, ensuring value for money and improved client outcomes.

**Occupational Therapist – Leeds Teaching Hospitals NHS Trust
(2014 – 2016)**

- Provided OT input across multiple specialties including oncology, orthopaedics, vascular surgery, and cardiology.
- Planned and coordinated safe discharges, working collaboratively with families and community services.

Core Skills:

- Immediate Needs Assessments and complex case management
- Recruitment and supervision of support staff
- Goal formulation and outcome measurement
- Multi-disciplinary team coordination
- Equipment and housing adaptation assessments
- Safeguarding and risk management
- Report writing and communication with legal and statutory bodies
- Knowledge of statutory funding and Continuing Healthcare pathways

Continued Professional Development including but not limited to:

- Moving and handling.
- Specialist seating.
- Major adaptations.
- Disabled Facilities Grants and processes (DFGs).
- Safeguarding Adults
- Registered with HCPC, RCOT & BABICM.
- Case Managers in the West Yorkshire region.

Contact Details:

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