



Rachel Singleton

Occupational Therapist

Professional Qualifications:

BSc (Hons) Occupational Therapy, University of Derby 1999

Professional Memberships:

Health and Care Professions Council

Royal College of Occupational Therapists

Personal Profile:

Rachel is a highly experienced Senior Occupational Therapist with 27 years' experience, working within local authority community settings and the private sector. She has worked and continues to work with both adults and children with complex needs.

Rachel has extensive experience working with housing, complex adaptations, re-housing, specialist equipment, seating assessments, mobility equipment assessments and moving and handling assessments.

Her clinical background and experience span catastrophic injury, amputees, orthopaedics, musculoskeletal, dementia, neurology, rheumatology, plus sized people, acquired brain injury, genetic and congenital conditions, falls, elderly, paediatrics, spinal cord injury, palliative care, case management.

Rachel is highly skilled in undertaking comprehensive assessments. She is a passionate Occupational Therapist dedicated to improving independence, safety and quality of life for the adults and children she works with. She has excellent communication skills and produces high quality written assessments and logs which are evidence based, and clearly demonstrate clinical reasoning at all times. She is well experienced with challenging and demanding situations.

Key competencies

- Assessing for complex adaptations, including Disabled Facilities Grant recommendations
- Housing / Rehousing assessments
- Highly experienced in moving and handling assessments, provision of moving and handling equipment and moving and handling training.
- Complex and specialist equipment provision
- Seating assessment
- Blue Badge assessments
- Clinical background with both Adults and Children

Professional Work Summary:

- Current: Associate Occupational Therapist at Positive OT and Case Management
- April 2024 - Current: Associate Occupational Therapist with Design for Independence, the OT Service and Rehab Jigsaw
- October 2022 - Current: Senior Occupational Therapist, Integrated Disabled Children's Service, Derby City Council
- February 2010 – October 2022, Senior Occupational Therapist, Adult People's Services Team, Derby City Council
- October 2007 – February 2010, Senior Occupational Therapist, Nottingham City Council Adult Services
- July 2006 – October 2009 – Locum Occupational Therapist, Nottingham City Council
- October 2005 – March 2006 – Community Occupational Therapist, Rotorua Hospital, New Zealand
- July 2003 – August 2005 – Locum Occupational Therapist, Nottingham City Council
- May 2003 – July 2003 – Locum Occupational Therapist, Walbrook Housing Association, Derby
- September 2000 – November 2002 – Occupational Therapist, Derby City Council
- September 1999 – September 2000 – Basic Grade Occupational Therapist, Royal Derby Hospital
- (Gaps in 2002-2003, and 2005-2006 when travelling abroad)

Continued Professional Development including but not limited to:

- July 2026: Key Skills for Wheelchair Provision: A Guide for Occupational Therapists, Physiotherapists and wheelchair services - A1 Momentum
- July 2026: GDPR Training - Derby City Council
- May 2026: The Accommodation Process within Litigation: Pitfalls and Challenges of meeting the client's needs (Webinar) - Design for Independence

- January 2026: Oliver McGowan Mandatory Training on Learning Disabilities and Autism - Derby City Council
- January 2026: Safeguarding Children Training - Derby City Council
- January 2026: Derbyshire Safeguarding Adults Training - Derby City Council
- December 2025: Occupational Therapy Moving & Handling, Refresher (One day) - HME Ltd
- September 2025: DFG Ramp Solutions - Enable Access
- June 2024: Neater Eater Training, One Day refresher course - Neater Eater Ltd
- February 2025 : Posture in Seating - Symmetrikit
- November 2024: The OT Show - Exhibition

Contact Details:

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